



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Lixfeld, Markus

Total time: 1:14:35

Number: 109

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 109 (of 353)

Rank in course/Men: 101 (of 269)

Best time in course: 57:23

Category:

Senioren 2 (TM 45)

Rank in category: 22(of 55)

Best time in the category: 1:03:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:17	26:33	50	4:46	226	6:18	0.50	13:17	26:33	56	4:46	269	6:18
Wechsel S -> R	-	3:22	-	50	1:45	212	2:06	0.50	16:39	33:17	56	6:03	268	8:24
Schwimmen Total	0.50	16:39	33:17	56	6:03	268	8:24	0.50	16:39	33:17	56	6:03	268	8:24
Kontrolle Rad	6.00	11:18	1:53	20	1:19	85	2:04	6.50	27:57	4:17	56	6:52	268	9:14
Kontrolle Rad	8.00	14:01	1:45	25	1:34	106	2:14	14.50	41:58	2:53	56	8:25	267	10:23
Rad Ziel	6.00	10:09	1:41	17	0:54	82	1:36	20.50	52:07	2:32	56	9:17	268	11:28
Rad Net	20.00	35:28	1:46	1	26:13	1	26:55	20.50	52:07	2:32	56	9:17	268	11:28
Wechsel R -> L	-	1:18	-	43	0:46	183	0:46	20.50	53:25	2:36	56	9:54	268	12:06
Rad Total	20.00	36:46	1:50	24	4:15	100	6:21	20.50	53:25	2:36	56	9:54	268	12:06
Kontrolle Lauf	2.40	10:32	4:23	11	1:14	45	2:42	22.90	1:03:57	2:47	56	10:36	265	14:48
Lauf Ziel	2.60	10:38	4:05	7	0:52	32	2:24	25.50	1:14:35	2:55	22	11:23	101	17:12
Lauf Total	5.00	21:10	4:14	9	2:04	36	5:06	25.50	1:14:35	2:55	22	11:23	101	17:12