



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Seyrich, Lothar

Club: TG Laudenbach

Number: 136

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 2 (TM 45)

Total time: 1:15:44

Rank in course/Total: 131 (of 353)

Rank in course/Men: 118 (of 269)

Best time in course: 57:23

Rank in category: 27(of 55)

Best time in the category: 1:03:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:45	21:30	23	2:14	118	3:46	0.50	10:45	21:30	56	2:14	119	3:46
Wechsel S -> R	-	2:07	-	9	0:30	47	0:51	0.50	12:52	25:44	56	2:16	268	4:37
Schwimmen Total	0.50	12:52	25:44	56	2:16	268	4:37	0.50	12:52	25:44	56	2:16	268	4:37
Kontrolle Rad	6.00	11:51	1:58	34	1:52	151	2:37	6.50	24:43	3:48	56	3:38	268	6:00
Kontrolle Rad	8.00	14:17	1:47	33	1:50	136	2:30	14.50	39:00	2:41	56	5:27	267	7:25
Rad Ziel	6.00	10:42	1:46	37	1:27	156	2:09	20.50	49:42	2:25	56	6:52	268	9:03
Rad Net	20.00	36:50	1:50	1	27:35	1	28:17	20.50	49:42	2:25	56	6:52	268	9:03
Wechsel R -> L	-	1:13	-	37	0:41	161	0:41	20.50	50:55	2:29	56	7:24	268	9:36
Rad Total	20.00	38:03	1:54	33	5:32	140	7:38	20.50	50:55	2:29	56	7:24	268	9:36
Kontrolle Lauf	2.40	12:20	5:08	33	3:02	153	4:30	22.90	1:03:15	2:45	56	9:54	265	14:06
Lauf Ziel	2.60	12:29	4:48	28	2:43	125	4:15	25.50	1:15:44	2:58	27	12:32	118	18:21
Lauf Total	5.00	24:49	4:57	30	5:43	139	8:45	25.50	1:15:44	2:58	27	12:32	118	18:21