



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Herschel, Ivo

Total time: 1:17:14

Number: 117

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 154 (of 353)

Rank in course/Men: 138 (of 269)

Best time in course: 57:23

Category:

Senioren 3 (TM 50)

Rank in category: 23(of 48)

Best time in the category: 1:07:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:22	22:44	25	2:52	153	4:23	0.50	11:22	22:44	49	2:52	269	4:23
Wechsel S -> R	-	2:30	-	16	0:49	103	1:14	0.50	13:52	27:44	49	3:20	268	5:37
Schwimmen Total	0.50	13:52	27:44	49	3:20	268	5:37	0.50	13:52	27:44	49	3:20	268	5:37
Kontrolle Rad	6.00	12:17	2:02	37	1:39	187	3:03	6.50	26:09	4:01	49	4:53	268	7:26
Kontrolle Rad	8.00	14:46	1:50	32	1:37	168	2:59	14.50	40:55	2:49	49	6:20	267	9:20
Rad Ziel	6.00	10:50	1:48	29	1:16	164	2:17	20.50	51:45	2:31	49	7:09	268	11:06
Rad Net	20.00	37:53	1:53	1	28:19	1	29:20	20.50	51:45	2:31	49	7:09	268	11:06
Wechsel R -> L	-	1:00	-	17	0:26	104	0:28	20.50	52:45	2:34	49	7:23	268	11:26
Rad Total	20.00	38:53	1:56	32	4:31	166	8:28	20.50	52:45	2:34	49	7:23	268	11:26
Kontrolle Lauf	2.40	11:54	4:57	23	3:00	127	4:04	22.90	1:04:39	2:49	48	8:21	265	15:30
Lauf Ziel	2.60	12:35	4:50	22	3:20	130	4:21	25.50	1:17:14	3:01	23	9:31	138	19:51
Lauf Total	5.00	24:29	4:53	22	6:20	130	8:25	25.50	1:17:14	3:01	23	9:31	138	19:51