



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Schneibel, Sebastian

Total time: 1:10:46

Club: SG Neptun Lampertheim

Number: 10

Course: 25.50 km

Rank in course/Total: 68 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 65 (of 269)

Best time in course: 57:23

Category:

Rank in category: 7(of 27)

männliche AK 4 (TM 35)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:04	20:07	10	2:23	78	3:05	0.50	10:04	20:07	28	2:23	269	3:05
Wechsel S -> R	-	2:03	-	6	0:33	38	0:47	0.50	12:07	24:14	28	2:12	268	3:52
Schwimmen Total	0.50	12:07	24:14	28	2:12	268	3:52	0.50	12:07	24:14	28	2:12	268	3:52
Kontrolle Rad	6.00	11:18	1:53	8	2:04	85	2:04	6.50	23:25	3:36	28	4:11	268	4:42
Kontrolle Rad	8.00	13:55	1:44	10	1:34	93	2:08	14.50	37:20	2:34	28	5:45	267	5:45
Rad Ziel	6.00	10:09	1:41	8	0:54	82	1:36	20.50	47:29	2:18	28	6:39	268	6:50
Rad Net	20.00	35:22	1:46	1	26:07	1	26:49	20.50	47:29	2:18	28	6:39	268	6:50
Wechsel R -> L	-	1:17	-	20	0:35	179	0:45	20.50	48:46	2:22	28	6:46	268	7:27
Rad Total	20.00	36:39	1:49	9	4:39	93	6:14	20.50	48:46	2:22	28	6:46	268	7:27
Kontrolle Lauf	2.40	11:00	4:35	11	1:49	74	3:10	22.90	59:46	2:36	27	3:10	265	10:37
Lauf Ziel	2.60	11:00	4:13	6	1:31	42	2:46	25.50	1:10:46	2:46	7	11:36	65	13:23
Lauf Total	5.00	22:00	4:24	10	4:50	59	5:56	25.50	1:10:46	2:46	7	11:36	65	13:23