



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Hartwig, Robert

Total time: 1:22:40

Number: 128

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 232 (of 353)

Rank in course/Men: 194 (of 269)

Best time in course: 57:23

Category:

Senioren 1 (TM 40)

Rank in category: 18(of 25)

Best time in the category: 1:03:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:23	22:45	16	3:30	155	4:24	0.50	11:23	22:45	26	3:30	269	4:24
Wechsel S -> R	-	3:00	-	15	1:34	168	1:44	0.50	14:23	28:45	26	4:45	268	6:08
Schwimmen Total	0.50	14:23	28:45	26	4:45	268	6:08	0.50	14:23	28:45	26	4:45	268	6:08
Kontrolle Rad	6.00	12:11	2:01	20	1:47	180	2:57	6.50	26:34	4:05	26	6:32	268	7:51
Kontrolle Rad	8.00	14:55	1:51	18	2:00	177	3:08	14.50	41:29	2:51	26	8:32	267	9:54
Rad Ziel	6.00	11:17	1:52	19	1:47	196	2:44	20.50	52:46	2:34	26	10:19	268	12:07
Rad Net	20.00	38:23	1:55	1	28:53	1	29:50	20.50	52:46	2:34	26	10:19	268	12:07
Wechsel R -> L	-	1:56	-	24	1:19	253	1:24	20.50	54:42	2:40	26	11:05	268	13:23
Rad Total	20.00	40:19	2:00	21	6:20	199	9:54	20.50	54:42	2:40	26	11:05	268	13:23
Kontrolle Lauf	2.40	13:25	5:35	19	4:34	202	5:35	22.90	1:08:07	2:58	25	15:03	265	18:58
Lauf Ziel	2.60	14:33	5:35	19	5:05	212	6:19	25.50	1:22:40	3:14	18	19:33	194	25:17
Lauf Total	5.00	27:58	5:35	19	9:39	209	11:54	25.50	1:22:40	3:14	18	19:33	194	25:17