



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Merschhemke, Ansgar

Total time: 1:12:27

Club: LT Hemsbach

Number: 38

Course: 25.50 km

Rank in course/Total: 81 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 77 (of 269)

Best time in course: 57:23

Category:

Rank in category: 10(of 48)

Senioren 3 (TM 50)

Best time in the category: 1:07:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:57	21:53	22	2:27	132	3:58	0.50	10:57	21:53	22	2:27	269	3:58
Wechsel S -> R	-	2:54	-	30	1:13	156	1:38	0.50	13:51	27:41	49	3:19	268	5:36
Schwimmen Total	0.50	13:51	27:41	49	3:19	268	5:36	0.50	13:51	27:41	49	3:19	268	5:36
Kontrolle Rad	6.00	11:37	1:56	19	0:59	129	2:23	6.50	25:28	3:55	49	4:12	268	6:45
Kontrolle Rad	8.00	14:14	1:46	20	1:05	128	2:27	14.50	39:42	2:44	49	5:07	267	8:07
Rad Ziel	6.00	10:11	1:41	16	0:37	93	1:38	20.50	49:53	2:25	49	5:17	268	9:14
Rad Net	20.00	36:02	1:48	1	26:28	1	27:29	20.50	49:53	2:25	49	5:17	268	9:14
Wechsel R -> L	-	0:44	-	7	0:10	31	0:12	20.50	50:37	2:28	49	5:15	268	9:18
Rad Total	20.00	36:46	1:50	17	2:24	99	6:21	20.50	50:37	2:28	49	5:15	268	9:18
Kontrolle Lauf	2.40	10:39	4:26	6	1:45	51	2:49	22.90	1:01:16	2:40	48	4:58	265	12:07
Lauf Ziel	2.60	11:11	4:18	7	1:56	55	2:57	25.50	1:12:27	2:50	10	4:44	77	15:04
Lauf Total	5.00	21:50	4:21	7	3:41	56	5:46	25.50	1:12:27	2:50	10	4:44	77	15:04