



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Köhler, Lukas

Total time: 1:03:56

Number: 169

Course: 25.50 km

Rank in course/Total: 13 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 13 (of 269)

Best time in course: 57:23

Category:

Rank in category: 3(of 15)

männliche AK 2 (TM 25)

Best time in the category: 1:01:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:31	19:02	7	1:01	51	2:32	0.50	9:31	19:02	16	1:01	269	2:32
Wechsel S -> R	-	1:47	-	2	0:02	20	0:31	0.50	11:18	22:36	16	0:48	268	3:03
Schwimmen Total	0.50	11:18	22:36	16	0:48	268	3:03	0.50	11:18	22:36	16	0:48	268	3:03
Kontrolle Rad	6.00	10:20	1:43	3	0:50	13	1:06	6.50	21:38	3:19	16	1:38	268	2:55
Kontrolle Rad	8.00	12:32	1:34	2	0:05	9	0:45	14.50	34:10	2:21	16	0:27	267	2:35
Rad Ziel	6.00	9:24	1:34	3	0:26	11	0:51	20.50	43:34	2:07	16	0:53	268	2:55
Rad Net	20.00	32:16	1:36	1	23:18	1	23:43	20.50	43:34	2:07	16	0:53	268	2:55
Wechsel R -> L	-	1:19	-	12	0:37	185	0:47	20.50	44:53	2:11	16	1:26	268	3:34
Rad Total	20.00	33:35	1:40	2	1:27	15	3:10	20.50	44:53	2:11	16	1:26	268	3:34
Kontrolle Lauf	2.40	9:13	3:50	3	0:13	12	1:23	22.90	54:06	2:21	16	1:36	265	4:57
Lauf Ziel	2.60	9:50	3:46	3	1:30	13	1:36	25.50	1:03:56	2:30	3	2:06	13	6:33
Lauf Total	5.00	19:03	3:48	3	1:43	12	2:59	25.50	1:03:56	2:30	3	2:06	13	6:33