



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Wagner, Janick

Total time: 1:24:25

Number: 161

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 252 (of 353)

Rank in course/Men: 210 (of 269)

Best time in course: 57:23

Category:

männliche AK 1 (TM 20)

Rank in category: 9(of 10)

Best time in the category: 57:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:29	22:57	8	4:30	157	4:30	0.50	11:29	22:57	11	4:30	269	4:30
Wechsel S -> R	-	2:41	-	7	1:25	128	1:25	0.50	14:10	28:19	11	5:55	268	5:55
Schwimmen Total	0.50	14:10	28:19	11	5:55	268	5:55	0.50	14:10	28:19	11	5:55	268	5:55
Kontrolle Rad	6.00	12:39	2:06	8	2:44	207	3:25	6.50	26:49	4:07	11	8:06	268	8:06
Kontrolle Rad	8.00	16:07	2:00	8	3:54	221	4:20	14.50	42:56	2:57	11	11:17	267	11:21
Rad Ziel	6.00	11:50	1:58	7	2:50	225	3:17	20.50	54:46	2:40	11	14:07	268	14:07
Rad Net	20.00	40:36	2:01	1	31:36	1	32:03	20.50	54:46	2:40	11	14:07	268	14:07
Wechsel R -> L	-	1:09	-	8	0:37	149	0:37	20.50	55:55	2:43	11	14:36	268	14:36
Rad Total	20.00	41:45	2:05	8	9:57	220	11:20	20.50	55:55	2:43	11	14:36	268	14:36
Kontrolle Lauf	2.40	13:29	5:37	8	5:39	204	5:39	22.90	1:09:24	3:01	11	20:15	265	20:15
Lauf Ziel	2.60	15:01	5:46	9	6:47	224	6:47	25.50	1:24:25	3:18	9	27:02	210	27:02
Lauf Total	5.00	28:30	5:42	8	12:26	215	12:26	25.50	1:24:25	3:18	9	27:02	210	27:02