



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Kunz, Heike

Total time: 1:24:27

Club: Team Body Attack

Number: 145

Course: 25.50 km

Rank in course/Total: 254 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 43 (of 84)

Best time in course: 1:08:36

Category:

Rank in category: 8(of 17)

Seniorinnen 1 (TW 40)

Best time in the category: 1:10:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:24	24:48	11	2:46	56	3:12	0.50	12:24	24:48	18	2:46	85	3:12
Wechsel S -> R	-	3:29	-	14	1:21	66	1:50	0.50	15:53	31:45	18	4:06	85	4:45
Schwimmen Total	0.50	15:53	31:45	18	4:06	85	4:45	0.50	15:53	31:45	18	4:06	85	4:45
Kontrolle Rad	6.00	13:28	2:14	12	2:34	57	2:39	6.50	29:21	4:30	18	6:20	85	7:24
Kontrolle Rad	8.00	16:17	2:02	9	2:45	50	2:45	14.50	45:38	3:08	18	9:05	84	10:08
Rad Ziel	6.00	11:59	1:59	9	1:54	52	1:54	20.50	57:37	2:48	18	10:59	85	11:59
Rad Net	20.00	41:44	2:05	1	31:39	1	31:39	20.50	57:37	2:48	18	10:59	85	11:59
Wechsel R -> L	-	0:59	-	7	0:18	29	0:24	20.50	58:36	2:51	18	11:10	85	12:09
Rad Total	20.00	42:43	2:08	10	7:24	54	7:24	20.50	58:36	2:51	18	11:10	85	12:09
Kontrolle Lauf	2.40	12:45	5:18	5	1:35	30	2:50	22.90	1:11:21	3:06	18	12:45	85	14:04
Lauf Ziel	2.60	13:06	5:02	3	1:39	27	2:31	25.50	1:24:27	3:18	8	14:24	43	15:51
Lauf Total	5.00	25:51	5:10	4	3:14	29	5:09	25.50	1:24:27	3:18	8	14:24	43	15:51