



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Johne, Gabriele

Club: MTG Triathlon

Number: 111

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Seniorinnen 3 (TW 50)

Total time: 1:27:24

Rank in course/Total: 279 (of 353)

Rank in course/Women: 56 (of 84)

Best time in course: 1:08:36

Rank in category: 12(of 17)

Best time in the category: 1:12:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:27	22:53	8	2:15	33	2:15	0.50	11:27	22:53	18	2:15	85	2:15
Wechsel S -> R	-	3:15	-	13	1:14	56	1:36	0.50	14:42	29:23	18	3:24	42	3:34
Schwimmen Total	0.50	14:42	29:23	18	3:24	42	3:34	0.50	14:42	29:23	18	3:24	42	3:34
Kontrolle Rad	6.00	13:11	2:11	14	1:53	54	2:22	6.50	27:53	4:17	10	4:12	46	5:56
Kontrolle Rad	8.00	16:36	2:04	13	2:44	55	3:04	14.50	44:29	3:04	17	6:24	84	8:59
Rad Ziel	6.00	12:13	2:02	14	1:56	58	2:08	20.50	56:42	2:45	18	8:17	85	11:04
Rad Net	20.00	42:00	2:06	1	31:43	1	31:55	20.50	56:42	2:45	18	8:17	85	11:04
Wechsel R -> L	-	2:02	-	17	1:09	82	1:27	20.50	58:44	2:51	18	9:23	85	12:17
Rad Total	20.00	44:02	2:12	15	7:36	62	8:43	20.50	58:44	2:51	18	9:23	85	12:17
Kontrolle Lauf	2.40	13:28	5:36	10	2:49	45	3:33	22.90	1:12:12	3:09	18	10:52	85	14:55
Lauf Ziel	2.60	15:12	5:50	11	3:48	63	4:37	25.50	1:27:24	3:25	12	14:40	56	18:48
Lauf Total	5.00	28:40	5:44	11	6:37	56	7:58	25.50	1:27:24	3:25	12	14:40	56	18:48