



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Rentschler, Tobias

Total time: 1:13:02

Club: CEM's Triathlonfreunde

Number: 17

Course: 25.50 km

Rank in course/Total: 93 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 88 (of 269)

Best time in course: 57:23

Category:

Rank in category: 13(of 27)

männliche AK 4 (TM 35)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:58	19:56	9	2:17	74	2:59	0.50	9:58	19:56	28	2:17	269	2:59
Wechsel S -> R	-	1:56	-	4	0:26	31	0:40	0.50	11:54	23:48	28	1:59	268	3:39
Schwimmen Total	0.50	11:54	23:48	28	1:59	268	3:39	0.50	11:54	23:48	28	1:59	268	3:39
Kontrolle Rad	6.00	11:59	1:59	17	2:45	162	2:45	6.50	23:53	3:40	28	4:39	268	5:10
Kontrolle Rad	8.00	14:37	1:49	17	2:16	150	2:50	14.50	38:30	2:39	28	6:55	267	6:55
Rad Ziel	6.00	10:17	1:42	11	1:02	100	1:44	20.50	48:47	2:22	28	7:57	268	8:08
Rad Net	20.00	36:53	1:50	1	27:38	1	28:20	20.50	48:47	2:22	28	7:57	268	8:08
Wechsel R -> L	-	0:58	-	8	0:16	94	0:26	20.50	49:45	2:25	28	7:45	268	8:26
Rad Total	20.00	37:51	1:53	14	5:51	136	7:26	20.50	49:45	2:25	28	7:45	268	8:26
Kontrolle Lauf	2.40	11:31	4:47	15	2:20	109	3:41	22.90	1:01:16	2:40	27	4:40	265	12:07
Lauf Ziel	2.60	11:46	4:31	14	2:17	85	3:32	25.50	1:13:02	2:51	13	13:52	88	15:39
Lauf Total	5.00	23:17	4:39	16	6:07	97	7:13	25.50	1:13:02	2:51	13	13:52	88	15:39