



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Koob, Thorsten

Total time: 1:08:27

Number: 203

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 36 (of 353)

Rank in course/Men: 36 (of 269)

Best time in course: 57:23

Category:

Senioren 2 (TM 45)

Rank in category: 8(of 55)

Best time in the category: 1:03:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:50	19:40	12	1:19	66	2:51	0.50	9:50	19:40	56	1:19	269	2:51
Wechsel S -> R	-	2:10	-	11	0:33	54	0:54	0.50	12:00	24:00	56	1:24	268	3:45
Schwimmen Total	0.50	12:00	24:00	56	1:24	268	3:45	0.50	12:00	24:00	56	1:24	268	3:45
Kontrolle Rad	6.00	10:58	1:49	13	0:59	51	1:44	6.50	22:58	3:31	10	1:53	268	4:15
Kontrolle Rad	8.00	13:37	1:42	17	1:10	65	1:50	14.50	36:35	2:31	56	3:02	267	5:00
Rad Ziel	6.00	10:10	1:41	18	0:55	88	1:37	20.50	46:45	2:16	13	3:55	268	6:06
Rad Net	20.00	34:45	1:44	1	25:30	1	26:12	20.50	46:45	2:16	13	3:55	268	6:06
Wechsel R -> L	-	1:14	-	39	0:42	169	0:42	20.50	47:59	2:20	14	4:28	268	6:40
Rad Total	20.00	35:59	1:47	17	3:28	71	5:34	20.50	47:59	2:20	14	4:28	268	6:40
Kontrolle Lauf	2.40	9:57	4:08	6	0:39	27	2:07	22.90	57:56	2:31	56	4:35	265	8:47
Lauf Ziel	2.60	10:31	4:02	6	0:45	26	2:17	25.50	1:08:27	2:41	8	5:15	36	11:04
Lauf Total	5.00	20:28	4:05	6	1:22	26	4:24	25.50	1:08:27	2:41	8	5:15	36	11:04