



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Bergsträßer, Marcus

Total time: 1:08:40

Number: 174

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 39 (of 353)

Rank in course/Men: 38 (of 269)

Best time in course: 57:23

Category:

Senioren 1 (TM 40)

Rank in category: 3(of 25)

Best time in the category: 1:03:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:51	21:41	12	2:58	124	3:52	0.50	10:51	21:41	26	2:58	269	3:52
Wechsel S -> R	-	1:51	-	3	0:25	23	0:35	0.50	12:42	25:23	26	3:04	268	4:27
Schwimmen Total	0.50	12:42	25:23	26	3:04	268	4:27	0.50	12:42	25:23	26	3:04	268	4:27
Kontrolle Rad	6.00	11:07	1:51	4	0:43	66	1:53	6.50	23:49	3:39	26	3:47	268	5:06
Kontrolle Rad	8.00	13:51	1:43	6	0:56	87	2:04	14.50	37:40	2:35	26	4:43	267	6:05
Rad Ziel	6.00	10:01	1:40	5	0:31	63	1:28	20.50	47:41	2:19	26	5:14	268	7:02
Rad Net	20.00	34:59	1:44	1	25:29	1	26:26	20.50	47:41	2:19	26	5:14	268	7:02
Wechsel R -> L	-	1:15	-	12	0:38	172	0:43	20.50	48:56	2:23	26	5:19	268	7:37
Rad Total	20.00	36:14	1:48	7	2:15	81	5:49	20.50	48:56	2:23	26	5:19	268	7:37
Kontrolle Lauf	2.40	9:31	3:57	3	0:40	17	1:41	22.90	58:27	2:33	25	5:23	265	9:18
Lauf Ziel	2.60	10:13	3:55	3	0:45	19	1:59	25.50	1:08:40	2:41	3	5:33	38	11:17
Lauf Total	5.00	19:44	3:56	3	1:25	19	3:40	25.50	1:08:40	2:41	3	5:33	38	11:17