



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Mamier, Nicole

Total time: 1:30:22

Number: 130

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 303 (of 353)

Rank in course/Women: 67 (of 84)

Best time in course: 1:08:36

Category:

Seniorinnen 2 TW 45)

Rank in category: 15(of 20)

Best time in the category: 1:08:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:49	27:37	13	4:30	71	4:37	0.50	13:49	27:37	21	4:30	85	4:37
Wechsel S -> R	-	3:38	-	17	1:49	69	1:59	0.50	17:27	34:53	21	6:19	85	6:19
Schwimmen Total	0.50	17:27	34:53	21	6:19	85	6:19	0.50	17:27	34:53	21	6:19	85	6:19
Kontrolle Rad	6.00	12:37	2:06	8	1:48	34	1:48	6.50	30:04	4:37	21	8:07	85	8:07
Kontrolle Rad	8.00	16:11	2:01	12	2:38	48	2:39	14.50	46:15	3:11	21	10:45	84	10:45
Rad Ziel	6.00	11:40	1:56	12	1:32	46	1:35	20.50	57:55	2:49	21	12:17	85	12:17
Rad Net	20.00	40:28	2:01	1	30:20	1	30:23	20.50	57:55	2:49	21	12:17	85	12:17
Wechsel R -> L	-	1:37	-	18	0:53	79	1:02	20.50	59:32	2:54	21	13:05	85	13:05
Rad Total	20.00	42:05	2:06	13	6:46	50	6:46	20.50	59:32	2:54	21	13:05	85	13:05
Kontrolle Lauf	2.40	14:41	6:07	15	4:46	65	4:46	22.90	1:14:13	3:14	21	16:56	85	16:56
Lauf Ziel	2.60	16:09	6:12	16	5:20	71	5:34	25.50	1:30:22	3:32	15	21:46	67	21:46
Lauf Total	5.00	30:50	6:09	16	10:06	68	10:08	25.50	1:30:22	3:32	15	21:46	67	21:46