



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Lützkendorf, Bernd

Total time: 1:12:36

Club: TSV Auerbach

Number: 199

Course: 25.50 km

Rank in course/Total: 87 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 83 (of 269)

Best time in course: 57:23

Category:

Rank in category: 12(of 48)

Senioren 3 (TM 50)

Best time in the category: 1:07:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:28	20:56	18	1:58	101	3:29	0.50	10:28	20:56	49	1:58	269	3:29
Wechsel S -> R	-	2:51	-	25	1:10	148	1:35	0.50	13:19	26:37	21	2:47	268	5:04
Schwimmen Total	0.50	13:19	26:37	21	2:47	268	5:04	0.50	13:19	26:37	21	2:47	268	5:04
Kontrolle Rad	6.00	10:57	1:49	9	0:19	49	1:43	6.50	24:16	3:44	18	3:00	268	5:33
Kontrolle Rad	8.00	13:25	1:40	9	0:16	47	1:38	14.50	37:41	2:35	14	3:06	267	6:06
Rad Ziel	6.00	10:06	1:41	14	0:32	74	1:33	20.50	47:47	2:19	13	3:11	268	7:08
Rad Net	20.00	34:28	1:43	1	24:54	1	25:55	20.50	47:47	2:19	13	3:11	268	7:08
Wechsel R -> L	-	1:12	-	25	0:38	159	0:40	20.50	48:59	2:23	49	3:37	268	7:40
Rad Total	20.00	35:40	1:46	11	1:18	62	5:15	20.50	48:59	2:23	49	3:37	268	7:40
Kontrolle Lauf	2.40	11:37	4:50	17	2:43	111	3:47	22.90	1:00:36	2:38	11	4:18	265	11:27
Lauf Ziel	2.60	12:00	4:36	15	2:45	99	3:46	25.50	1:12:36	2:50	12	4:53	83	15:13
Lauf Total	5.00	23:37	4:43	14	5:28	106	7:33	25.50	1:12:36	2:50	12	4:53	83	15:13