



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Mader, Daniel

Total time: 1:12:39

Club: Helaba BSG Triathlon

Number: 202

Course: 25.50 km

Rank in course/Total: 88 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 84 (of 269)

Best time in course: 57:23

Category:

Rank in category: 12(of 27)

männliche AK 4 (TM 35)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:05	22:10	13	3:24	140	4:06	0.50	11:05	22:10	14	3:24	142	4:06
Wechsel S -> R	-	2:41	-	15	1:11	128	1:25	0.50	13:46	27:32	13	3:51	268	5:31
Schwimmen Total	0.50	13:46	27:32	13	3:51	268	5:31	0.50	13:46	27:32	13	3:51	268	5:31
Kontrolle Rad	6.00	11:15	1:52	7	2:01	79	2:01	6.50	25:01	3:50	28	5:47	268	6:18
Kontrolle Rad	8.00	13:43	1:42	7	1:22	77	1:56	14.50	38:44	2:40	28	7:09	267	7:09
Rad Ziel	6.00	10:26	1:44	15	1:11	121	1:53	20.50	49:10	2:23	28	8:20	268	8:31
Rad Net	20.00	35:24	1:46	1	26:09	1	26:51	20.50	49:10	2:23	28	8:20	268	8:31
Wechsel R -> L	-	1:03	-	12	0:21	116	0:31	20.50	50:13	2:26	28	8:13	268	8:54
Rad Total	20.00	36:27	1:49	8	4:27	86	6:02	20.50	50:13	2:26	28	8:13	268	8:54
Kontrolle Lauf	2.40	10:57	4:33	10	1:46	71	3:07	22.90	1:01:10	2:40	27	4:34	265	12:01
Lauf Ziel	2.60	11:29	4:24	11	2:00	67	3:15	25.50	1:12:39	2:50	12	13:29	84	15:16
Lauf Total	5.00	22:26	4:29	12	5:16	70	6:22	25.50	1:12:39	2:50	12	13:29	84	15:16