



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Krietenstein, Jörg

Total time: 1:16:22

Number: 208

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 141 (of 353)

Rank in course/Men: 127 (of 269)

Best time in course: 57:23

Category:

Senioren 5 (TM 60)

Rank in category: 4(of 13)

Best time in the category: 1:07:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:22	20:44	4	1:07	96	3:23	0.50	10:22	20:44	14	1:07	269	3:23
Wechsel S -> R	-	2:30	-	4	0:53	103	1:14	0.50	12:52	25:44	14	1:57	268	4:37
Schwimmen Total	0.50	12:52	25:44	14	1:57	268	4:37	0.50	12:52	25:44	14	1:57	268	4:37
Kontrolle Rad	6.00	11:19	1:53	4	0:24	91	2:05	6.50	24:11	3:43	14	1:57	268	5:28
Kontrolle Rad	8.00	13:39	1:42	4	0:21	71	1:52	14.50	37:50	2:36	14	2:02	267	6:15
Rad Ziel	6.00	10:06	1:41	4	0:34	74	1:33	20.50	47:56	2:20	14	2:31	268	7:17
Rad Net	20.00	35:04	1:45	1	25:32	1	26:31	20.50	47:56	2:20	14	2:31	268	7:17
Wechsel R -> L	-	1:23	-	7	0:36	196	0:51	20.50	49:19	2:24	14	3:07	268	8:00
Rad Total	20.00	36:27	1:49	4	1:55	87	6:02	20.50	49:19	2:24	14	3:07	268	8:00
Kontrolle Lauf	2.40	13:13	5:30	7	2:31	199	5:23	22.90	1:02:32	2:43	14	5:38	265	13:23
Lauf Ziel	2.60	13:50	5:19	6	3:16	187	5:36	25.50	1:16:22	2:59	4	8:54	127	18:59
Lauf Total	5.00	27:03	5:24	7	5:47	196	10:59	25.50	1:16:22	2:59	4	8:54	127	18:59