



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Smejkal, Emil

Total time: 1:18:25

Club: SG Poseidon Eppelheim

Number: 186

Course: 25.50 km

Rank in course/Total: 177 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 153 (of 269)

Best time in course: 57:23

Category:

Rank in category: 1(of 5)

Senioren 7 (TM 70)

Best time in the category: 1:18:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:33	27:06	2	0:43	232	6:34	0.50	13:33	27:06	6	0:43	269	6:34
Wechsel S -> R	-	2:39	-	1	-	123	1:23	0.50	16:12	32:23	6	0:15	268	7:57
Schwimmen Total	0.50	16:12	32:23	6	0:15	268	7:57	0.50	16:12	32:23	6	0:15	268	7:57
Kontrolle Rad	6.00	11:08	1:51	1	-	68	1:54	6.50	27:20	4:12	1	-	268	8:37
Kontrolle Rad	8.00	14:13	1:46	2	0:09	125	2:26	14.50	41:33	2:51	6	0:04	267	9:58
Rad Ziel	6.00	10:24	1:44	1	-	118	1:51	20.50	51:57	2:32	6	0:02	268	11:18
Rad Net	20.00	35:45	1:47	1	25:21	1	27:12	20.50	51:57	2:32	6	0:02	268	11:18
Wechsel R -> L	-	1:34	-	3	0:44	226	1:02	20.50	53:31	2:36	6	0:46	268	12:12
Rad Total	20.00	37:19	1:51	2	0:31	124	6:54	20.50	53:31	2:36	6	0:46	268	12:12
Kontrolle Lauf	2.40	12:18	5:07	1	-	147	4:28	22.90	1:05:49	2:52	1	-	265	16:40
Lauf Ziel	2.60	12:36	4:50	1	-	131	4:22	25.50	1:18:25	3:04	1	-	153	21:02
Lauf Total	5.00	24:54	4:58	1	-	142	8:50	25.50	1:18:25	3:04	1	-	153	21:02