



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Niebel, Michael

Total time: 1:38:39

Number: 157

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 333 (of 353)

Rank in course/Men: 258 (of 269)

Best time in course: 57:23

Category:

Senioren 3 (TM 50)

Rank in category: 47(of 48)

Best time in the category: 1:07:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	18:07	36:14	48	9:37	268	11:08	0.50	18:07	36:14	49	9:37	269	11:08
Wechsel S -> R	-	4:23	-	47	2:42	250	3:07	0.50	22:30	45:00	49	11:58	268	14:15
Schwimmen Total	0.50	22:30	45:00	49	11:58	268	14:15	0.50	22:30	45:00	49	11:58	268	14:15
Kontrolle Rad	6.00	13:55	2:19	47	3:17	251	4:41	6.50	36:25	5:36	49	15:09	268	17:42
Kontrolle Rad	8.00	16:41	2:05	45	3:32	235	4:54	14.50	53:06	3:39	49	18:31	267	21:31
Rad Ziel	6.00	11:24	1:54	41	1:50	205	2:51	20.50	1:04:30	3:08	49	19:54	268	23:51
Rad Net	20.00	42:00	2:06	1	32:26	1	33:27	20.50	1:04:30	3:08	49	19:54	268	23:51
Wechsel R -> L	-	1:57	-	46	1:23	255	1:25	20.50	1:06:27	3:14	49	21:05	268	25:08
Rad Total	20.00	43:57	2:11	44	9:35	236	13:32	20.50	1:06:27	3:14	49	21:05	268	25:08
Kontrolle Lauf	2.40	15:29	6:27	43	6:35	245	7:39	22.90	1:21:56	3:34	48	25:38	265	32:47
Lauf Ziel	2.60	16:43	6:25	44	7:28	246	8:29	25.50	1:38:39	3:52	47	30:56	258	41:16
Lauf Total	5.00	32:12	6:26	44	14:03	247	16:08	25.50	1:38:39	3:52	47	30:56	258	41:16