



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Ermer, Jörg

Club: TSCH Langenau

Number: 247

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 2 (TM 45)

Total time: 1:03:42

Rank in course/Total: 12 (of 353)

Rank in course/Men: 12 (of 269)

Best time in course: 57:23

Rank in category: 2(of 55)

Best time in the category: 1:03:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:28	18:56	7	0:57	49	2:29	0.50	9:28	18:56	56	0:57	49	2:29
Wechsel S -> R	-	1:37	-	1	-	9	0:21	0.50	11:05	22:10	56	0:29	29	2:50
Schwimmen Total	0.50	11:05	22:10	56	0:29	29	2:50	0.50	11:05	22:10	56	0:29	29	2:50
Kontrolle Rad	6.00	10:01	1:40	2	0:02	8	0:47	6.50	21:06	3:14	3	0:01	14	2:23
Kontrolle Rad	8.00	12:27	1:33	1	-	6	0:40	14.50	33:33	2:18	1	-	264	1:58
Rad Ziel	6.00	9:20	1:33	2	0:05	10	0:47	20.50	42:53	2:05	56	0:03	10	2:14
Rad Net	20.00	31:48	1:35	1	22:33	1	23:15	20.50	42:53	2:05	56	0:03	10	2:14
Wechsel R -> L	-	0:43	-	6	0:11	27	0:11	20.50	43:36	2:07	56	0:05	9	2:17
Rad Total	20.00	32:31	1:37	1	-	8	2:06	20.50	43:36	2:07	56	0:05	9	2:17
Kontrolle Lauf	2.40	9:45	4:03	4	0:27	20	1:55	22.90	53:21	2:19	1	-	8	4:12
Lauf Ziel	2.60	10:21	3:58	5	0:35	22	2:07	25.50	1:03:42	2:29	2	0:30	12	6:19
Lauf Total	5.00	20:06	4:01	5	1:00	22	4:02	25.50	1:03:42	2:29	2	0:30	12	6:19