



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Munder, Reinhard

Total time: 1:08:42

Club: Johanniter Bergstraße

Number: 262

Course: 25.50 km

Rank in course/Total: 43 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 41 (of 269)

Best time in course: 57:23

Category:

Rank in category: 9(of 55)

Senioren 2 (TM 45)

Best time in the category: 1:03:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:06	22:11	27	2:35	143	4:07	0.50	11:06	22:11	56	2:35	143	4:07
Wechsel S -> R	-	2:55	-	33	1:18	160	1:39	0.50	14:01	28:02	56	3:25	152	5:46
Schwimmen Total	0.50	14:01	28:02	56	3:25	152	5:46	0.50	14:01	28:02	56	3:25	152	5:46
Kontrolle Rad	6.00	10:45	1:47	11	0:46	34	1:31	6.50	24:46	3:48	56	3:41	107	6:03
Kontrolle Rad	8.00	13:10	1:38	11	0:43	26	1:23	14.50	37:56	2:36	16	4:23	267	6:21
Rad Ziel	6.00	9:50	1:38	12	0:35	43	1:17	20.50	47:46	2:19	56	4:56	76	7:07
Rad Net	20.00	33:45	1:41	1	24:30	1	25:12	20.50	47:46	2:19	56	4:56	76	7:07
Wechsel R -> L	-	1:04	-	31	0:32	120	0:32	20.50	48:50	2:22	56	5:19	76	7:31
Rad Total	20.00	34:49	1:44	12	2:18	35	4:24	20.50	48:50	2:22	56	5:19	76	7:31
Kontrolle Lauf	2.40	9:46	4:04	5	0:28	21	1:56	22.90	58:36	2:33	14	5:15	55	9:27
Lauf Ziel	2.60	10:06	3:53	4	0:20	18	1:52	25.50	1:08:42	2:41	9	5:30	41	11:19
Lauf Total	5.00	19:52	3:58	4	0:46	20	3:48	25.50	1:08:42	2:41	9	5:30	41	11:19