



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Rapp, Hans-Peter

Total time: 1:13:31

Number: 219

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 97 (of 353)

Rank in course/Men: 92 (of 269)

Best time in course: 57:23

Category:

Senioren 3 (TM 50)

Rank in category: 15(of 48)

Best time in the category: 1:07:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:42	19:23	12	1:12	56	2:43	0.50	9:42	19:23	49	1:12	56	2:43
Wechsel S -> R	-	2:17	-	10	0:36	69	1:01	0.50	11:59	23:57	49	1:27	53	3:44
Schwimmen Total	0.50	11:59	23:57	49	1:27	53	3:44	0.50	11:59	23:57	49	1:27	53	3:44
Kontrolle Rad	6.00	11:58	1:59	29	1:20	160	2:44	6.50	23:57	3:41	49	2:41	83	5:14
Kontrolle Rad	8.00	14:40	1:49	28	1:31	154	2:53	14.50	38:37	2:39	49	4:02	267	7:02
Rad Ziel	6.00	10:52	1:48	31	1:18	167	2:19	20.50	49:29	2:24	49	4:53	115	8:50
Rad Net	20.00	37:30	1:52	1	27:56	1	28:57	20.50	49:29	2:24	49	4:53	115	8:50
Wechsel R -> L	-	0:58	-	16	0:24	94	0:26	20.50	50:27	2:27	49	5:05	111	9:08
Rad Total	20.00	38:28	1:55	27	4:06	152	8:03	20.50	50:27	2:27	49	5:05	111	9:08
Kontrolle Lauf	2.40	11:08	4:38	11	2:14	85	3:18	22.90	1:01:35	2:41	48	5:17	96	12:26
Lauf Ziel	2.60	11:56	4:35	13	2:41	96	3:42	25.50	1:13:31	2:52	15	5:48	92	16:08
Lauf Total	5.00	23:04	4:36	13	4:55	88	7:00	25.50	1:13:31	2:52	15	5:48	92	16:08