



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Dippel, Volker

Total time: 1:39:02

Number: 215

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 335 (of 353)

Rank in course/Men: 259 (of 269)

Best time in course: 57:23

Category:

Senioren 8 (TM 75)

Rank in category: 2(of 2)

Best time in the category: 1:28:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:12	24:23	1	-	191	5:13	0.50	12:12	24:23	1	-	269	5:13
Wechsel S -> R	-	5:42	-	2	3:06	266	4:26	0.50	17:54	35:47	3	2:41	268	9:39
Schwimmen Total	0.50	17:54	35:47	3	2:41	268	9:39	0.50	17:54	35:47	3	2:41	268	9:39
Kontrolle Rad	6.00	13:51	2:18	2	0:10	247	4:37	6.50	31:45	4:53	3	2:51	268	13:02
Kontrolle Rad	8.00	17:09	2:08	2	0:58	248	5:22	14.50	48:54	3:22	3	3:49	267	17:19
Rad Ziel	6.00	12:14	2:02	2	0:23	239	3:41	20.50	1:01:08	2:58	3	4:12	268	20:29
Rad Net	20.00	43:14	2:09	1	31:23	1	34:41	20.50	1:01:08	2:58	3	4:12	268	20:29
Wechsel R -> L	-	1:17	-	2	0:31	179	0:45	20.50	1:02:25	3:02	3	4:43	268	21:06
Rad Total	20.00	44:31	2:13	2	2:02	245	14:06	20.50	1:02:25	3:02	3	4:43	268	21:06
Kontrolle Lauf	2.40	18:01	7:30	2	3:07	259	10:11	22.90	1:20:26	3:30	3	7:50	78	31:17
Lauf Ziel	2.60	18:36	7:09	2	2:32	258	10:22	25.50	1:39:02	3:53	2	10:22	259	41:39
Lauf Total	5.00	36:37	7:19	2	5:39	260	20:33	25.50	1:39:02	3:53	2	10:22	259	41:39