



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Pusche, Jürgen

Club: Team Vicky

Number: 28

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 2 (TM 45)

Total time: 1:16:28

Rank in course/Total: 143 (of 353)

Rank in course/Men: 130 (of 269)

Best time in course: 57:23

Rank in category: 31(of 55)

Best time in the category: 1:03:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:38	23:15	38	3:07	170	4:39	0.50	11:38	23:15	38	3:07	269	4:39
Wechsel S -> R	-	2:22	-	18	0:45	78	1:06	0.50	14:00	28:00	32	3:24	150	5:45
Schwimmen Total	0.50	14:00	28:00	32	3:24	150	5:45	0.50	14:00	28:00	32	3:24	150	5:45
Kontrolle Rad	6.00	11:28	1:54	26	1:29	110	2:14	6.50	25:28	3:55	56	4:23	268	6:45
Kontrolle Rad	8.00	14:14	1:46	31	1:47	128	2:27	14.50	39:42	2:44	56	6:09	267	8:07
Rad Ziel	6.00	10:20	1:43	23	1:05	106	1:47	20.50	50:02	2:26	56	7:12	268	9:23
Rad Net	20.00	36:02	1:48	1	26:47	1	27:29	20.50	50:02	2:26	56	7:12	268	9:23
Wechsel R -> L	-	0:54	-	19	0:22	75	0:22	20.50	50:56	2:29	56	7:25	268	9:37
Rad Total	20.00	36:56	1:50	26	4:25	107	6:31	20.50	50:56	2:29	56	7:25	268	9:37
Kontrolle Lauf	2.40	12:32	5:13	38	3:14	167	4:42	22.90	1:03:28	2:46	56	10:07	265	14:19
Lauf Ziel	2.60	13:00	5:00	37	3:14	151	4:46	25.50	1:16:28	2:59	31	13:16	130	19:05
Lauf Total	5.00	25:32	5:06	37	6:26	158	9:28	25.50	1:16:28	2:59	31	13:16	130	19:05