



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Slabke, Dr. Uwe

Total time: 1:09:52

Club: LED Institut

Number: 305

Course: 25.50 km

Rank in course/Total: 56 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 54 (of 269)

Best time in course: 57:23

Category:

Rank in category: 6(of 48)

Senioren 3 (TM 50)

Best time in the category: 1:07:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:00	18:00	6	0:30	28	2:01	0.50	9:00	18:00	49	0:30	269	2:01
Wechsel S -> R	-	2:00	-	3	0:19	34	0:44	0.50	11:00	22:00	49	0:28	268	2:45
Schwimmen Total	0.50	11:00	22:00	49	0:28	268	2:45	0.50	11:00	22:00	49	0:28	268	2:45
Kontrolle Rad	6.00	10:39	1:46	2	0:01	27	1:25	6.50	21:39	3:19	49	0:23	268	2:56
Kontrolle Rad	8.00	13:16	1:39	4	0:07	33	1:29	14.50	34:55	2:24	49	0:20	267	3:20
Rad Ziel	6.00	9:51	1:38	6	0:17	45	1:18	20.50	44:46	2:11	49	0:10	268	4:07
Rad Net	20.00	33:46	1:41	1	24:12	1	25:13	20.50	44:46	2:11	49	0:10	268	4:07
Wechsel R -> L	-	0:36	-	3	0:02	7	0:04	20.50	45:22	2:12	1	-	268	4:03
Rad Total	20.00	34:22	1:43	1	-	25	3:57	20.50	45:22	2:12	1	-	268	4:03
Kontrolle Lauf	2.40	12:02	5:00	24	3:08	134	4:12	22.90	57:24	2:30	48	1:06	265	8:15
Lauf Ziel	2.60	12:28	4:47	19	3:13	123	4:14	25.50	1:09:52	2:44	6	2:09	54	12:29
Lauf Total	5.00	24:30	4:54	24	6:21	132	8:26	25.50	1:09:52	2:44	6	2:09	54	12:29