



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Keuschen, Patrick

Total time: 1:09:58

Club: Heppenheimer Skiclub

Number: 301

Course: 25.50 km

Rank in course/Total: 57 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 55 (of 269)

Best time in course: 57:23

Category:

Rank in category: 7(of 48)

Senioren 3 (TM 50)

Best time in the category: 1:07:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:36	25:11	34	4:06	205	5:37	0.50	12:36	25:11	49	4:06	269	5:37
Wechsel S -> R	-	2:32	-	18	0:51	109	1:16	0.50	15:08	30:15	49	4:36	268	6:53
Schwimmen Total	0.50	15:08	30:15	49	4:36	268	6:53	0.50	15:08	30:15	49	4:36	268	6:53
Kontrolle Rad	6.00	10:56	1:49	8	0:18	47	1:42	6.50	26:04	4:00	49	4:48	268	7:21
Kontrolle Rad	8.00	13:14	1:39	3	0:05	30	1:27	14.50	39:18	2:42	49	4:43	267	7:43
Rad Ziel	6.00	9:34	1:35	1	-	24	1:01	20.50	48:52	2:23	49	4:16	268	8:13
Rad Net	20.00	33:44	1:41	1	24:10	1	25:11	20.50	48:52	2:23	49	4:16	268	8:13
Wechsel R -> L	-	0:57	-	14	0:23	87	0:25	20.50	49:49	2:25	17	4:27	268	8:30
Rad Total	20.00	34:41	1:44	2	0:19	32	4:16	20.50	49:49	2:25	17	4:27	268	8:30
Kontrolle Lauf	2.40	9:52	4:06	2	0:58	24	2:02	22.90	59:41	2:36	48	3:23	265	10:32
Lauf Ziel	2.60	10:17	3:57	2	1:02	21	2:03	25.50	1:09:58	2:44	7	2:15	55	12:35
Lauf Total	5.00	20:09	4:01	2	2:00	23	4:05	25.50	1:09:58	2:44	7	2:15	55	12:35