



16. Lorsche Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Hug, Markus

Total time: 1:12:12

Club: IG Breitensport

Number: 293

Course: 25.50 km

Rank in course/Total: 77 (of 353)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 74 (of 269)

Best time in course: 57:23

Category:

Rank in category: 17(of 55)

Senioren 2 (TM 45)

Best time in the category: 1:03:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:08	20:15	14	1:37	83	3:09	0.50	10:08	20:15	56	1:37	269	3:09
Wechsel S -> R	-	2:05	-	6	0:28	42	0:49	0.50	12:13	24:26	56	1:37	268	3:58
Schwimmen Total	0.50	12:13	24:26	56	1:37	268	3:58	0.50	12:13	24:26	56	1:37	268	3:58
Kontrolle Rad	6.00	11:58	1:59	39	1:59	160	2:44	6.50	24:11	3:43	56	3:06	268	5:28
Kontrolle Rad	8.00	14:25	1:48	35	1:58	143	2:38	14.50	38:36	2:39	56	5:03	267	7:01
Rad Ziel	6.00	10:35	1:45	33	1:20	138	2:02	20.50	49:11	2:23	56	6:21	268	8:32
Rad Net	20.00	36:58	1:50	1	27:43	1	28:25	20.50	49:11	2:23	56	6:21	268	8:32
Wechsel R -> L	-	1:06	-	33	0:34	132	0:34	20.50	50:17	2:27	56	6:46	268	8:58
Rad Total	20.00	38:04	1:54	34	5:33	141	7:39	20.50	50:17	2:27	56	6:46	268	8:58
Kontrolle Lauf	2.40	10:44	4:28	13	1:26	58	2:54	22.90	1:01:01	2:39	56	7:40	265	11:52
Lauf Ziel	2.60	11:11	4:18	14	1:25	55	2:57	25.50	1:12:12	2:49	17	9:00	74	14:49
Lauf Total	5.00	21:55	4:23	14	2:49	58	5:51	25.50	1:12:12	2:49	17	9:00	74	14:49