



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Schröer, Stefan

Total time: 1:13:40

Number: 309

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 99 (of 353)

Rank in course/Men: 94 (of 269)

Best time in course: 57:23

Category:

männliche AK 3 (TM 30)

Rank in category: 10(of 18)

Best time in the category: 1:01:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:59	19:57	5	1:57	75	3:00	0.50	9:59	19:57	19	1:57	269	3:00
Wechsel S -> R	-	2:34	-	12	0:59	115	1:18	0.50	12:33	25:06	19	2:49	268	4:18
Schwimmen Total	0.50	12:33	25:06	19	2:49	268	4:18	0.50	12:33	25:06	19	2:49	268	4:18
Kontrolle Rad	6.00	11:39	1:56	12	2:22	132	2:25	6.50	24:12	3:43	19	4:38	268	5:29
Kontrolle Rad	8.00	14:23	1:47	14	2:36	140	2:36	14.50	38:35	2:39	19	6:49	267	7:00
Rad Ziel	6.00	10:32	1:45	15	1:59	135	1:59	20.50	49:07	2:23	19	8:19	268	8:28
Rad Net	20.00	36:34	1:49	1	28:01	1	28:01	20.50	49:07	2:23	19	8:19	268	8:28
Wechsel R -> L	-	1:05	-	13	0:27	125	0:33	20.50	50:12	2:26	19	8:44	268	8:53
Rad Total	20.00	37:39	1:52	14	7:14	132	7:14	20.50	50:12	2:26	19	8:44	268	8:53
Kontrolle Lauf	2.40	11:29	4:47	12	2:50	106	3:39	22.90	1:01:41	2:41	19	10:31	265	12:32
Lauf Ziel	2.60	11:59	4:36	11	3:07	97	3:45	25.50	1:13:40	2:53	10	12:14	94	16:17
Lauf Total	5.00	23:28	4:41	12	5:54	102	7:24	25.50	1:13:40	2:53	10	12:14	94	16:17