



# 16. Lorsch Triathlon

Lorsch / 11.08.2019

## Detailed evaluation

Baar, Michael

Total time: 1:15:32

Number: 320

Course: 25.50 km

Rank in course/Total: 125 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 113 (of 269)

Best time in course: 57:23

Category:

Rank in category: 25(of 55)

Senioren 2 (TM 45)

Best time in the category: 1:03:12

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|-----------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Schwimmen nett  | 0.50        | 11:20         | 22:40           | 32          | 2:49           | 150        | 4:21          | 0.50        | 11:20         | 22:40           | 56          | 2:49           | 269        | 4:21          |
| Wechsel S -> R  | -           | 2:29          | -               | 27          | 0:52           | 101        | 1:13          | 0.50        | 13:49         | 27:37           | 56          | 3:13           | 136        | 5:34          |
| Schwimmen Total | 0.50        | 13:49         | 27:37           | 56          | 3:13           | 136        | 5:34          | 0.50        | 13:49         | 27:37           | 56          | 3:13           | 136        | 5:34          |
| Kontrolle Rad   | 6.00        | 11:00         | 1:49            | 16          | 1:01           | 57         | 1:46          | 6.50        | 24:49         | 3:49            | 56          | 3:44           | 268        | 6:06          |
| Kontrolle Rad   | 8.00        | 13:32         | 1:41            | 16          | 1:05           | 59         | 1:45          | 14.50       | 38:21         | 2:38            | 56          | 4:48           | 267        | 6:46          |
| Rad Ziel        | 6.00        | 9:52          | 1:38            | 13          | 0:37           | 49         | 1:19          | 20.50       | 48:13         | 2:21            | 56          | 5:23           | 268        | 7:34          |
| Rad Net         | 20.00       | 34:24         | 1:43            | 1           | 25:09          | 1          | 25:51         | 20.50       | 48:13         | 2:21            | 56          | 5:23           | 268        | 7:34          |
| Wechsel R -> L  | -           | 1:19          | -               | 44          | 0:47           | 185        | 0:47          | 20.50       | 49:32         | 2:24            | 56          | 6:01           | 268        | 8:13          |
| Rad Total       | 20.00       | 35:43         | 1:47            | 15          | 3:12           | 64         | 5:18          | 20.50       | 49:32         | 2:24            | 56          | 6:01           | 268        | 8:13          |
| Kontrolle Lauf  | 2.40        | 12:28         | 5:11            | 37          | 3:10           | 162        | 4:38          | 22.90       | 1:02:00       | 2:42            | 56          | 8:39           | 265        | 12:51         |
| Lauf Ziel       | 2.60        | 13:32         | 5:12            | 43          | 3:46           | 179        | 5:18          | 25.50       | 1:15:32       | 2:57            | 25          | 12:20          | 113        | 18:09         |
| Lauf Total      | 5.00        | 26:00         | 5:12            | 41          | 6:54           | 172        | 9:56          | 25.50       | 1:15:32       | 2:57            | 25          | 12:20          | 113        | 18:09         |