



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Schrader, Stefan

Total time: 1:16:25

Number: 288

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 142 (of 353)

Rank in course/Men: 129 (of 269)

Best time in course: 57:23

Category:

Senioren 2 (TM 45)

Rank in category: 30(of 55)

Best time in the category: 1:03:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:52	19:44	13	1:21	67	2:53	0.50	9:52	19:44	56	1:21	67	2:53
Wechsel S -> R	-	2:55	-	33	1:18	160	1:39	0.50	12:47	25:33	56	2:11	268	4:32
Schwimmen Total	0.50	12:47	25:33	56	2:11	268	4:32	0.50	12:47	25:33	56	2:11	268	4:32
Kontrolle Rad	6.00	12:37	2:06	49	2:38	205	3:23	6.50	25:24	3:54	56	4:19	132	6:41
Kontrolle Rad	8.00	15:33	1:56	48	3:06	206	3:46	14.50	40:57	2:49	56	7:24	267	9:22
Rad Ziel	6.00	11:27	1:54	48	2:12	208	2:54	20.50	52:24	2:33	56	9:34	268	11:45
Rad Net	20.00	39:37	1:58	1	30:22	1	31:04	20.50	52:24	2:33	56	9:34	268	11:45
Wechsel R -> L	-	0:43	-	6	0:11	27	0:11	20.50	53:07	2:35	56	9:36	268	11:48
Rad Total	20.00	40:20	2:00	47	7:49	200	9:55	20.50	53:07	2:35	56	9:36	268	11:48
Kontrolle Lauf	2.40	11:24	4:45	20	2:06	102	3:34	22.90	1:04:31	2:49	56	11:10	265	15:22
Lauf Ziel	2.60	11:54	4:34	21	2:08	94	3:40	25.50	1:16:25	2:59	30	13:13	129	19:02
Lauf Total	5.00	23:18	4:39	20	4:12	98	7:14	25.50	1:16:25	2:59	30	13:13	129	19:02