



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Samstag, Christoph

Total time: 1:36:51

Number: 231

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 325 (of 353)

Rank in course/Men: 253 (of 269)

Best time in course: 57:23

Category:

Senioren 3 (TM 50)

Rank in category: 45(of 48)

Best time in the category: 1:07:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:04	24:07	30	3:34	187	5:05	0.50	12:04	24:07	49	3:34	187	5:05
Wechsel S -> R	-	2:54	-	30	1:13	156	1:38	0.50	14:58	29:56	49	4:26	179	6:43
Schwimmen Total	0.50	14:58	29:56	49	4:26	179	6:43	0.50	14:58	29:56	49	4:26	179	6:43
Kontrolle Rad	6.00	13:22	2:13	44	2:44	234	4:08	6.50	28:20	4:21	49	7:04	209	9:37
Kontrolle Rad	8.00	17:37	2:12	47	4:28	257	5:50	14.50	45:57	3:10	49	11:22	267	14:22
Rad Ziel	6.00	12:32	2:05	46	2:58	249	3:59	20.50	58:29	2:51	49	13:53	231	17:50
Rad Net	20.00	43:31	2:10	1	33:57	1	34:58	20.50	58:29	2:51	49	13:53	231	17:50
Wechsel R -> L	-	0:41	-	5	0:07	16	0:09	20.50	59:10	2:53	49	13:48	228	17:51
Rad Total	20.00	44:12	2:12	47	9:50	242	13:47	20.50	59:10	2:53	49	13:48	228	17:51
Kontrolle Lauf	2.40	18:09	7:33	47	9:15	260	10:19	22.90	1:17:19	3:22	48	21:01	247	28:10
Lauf Ziel	2.60	19:32	7:30	47	10:17	263	11:18	25.50	1:36:51	3:47	45	29:08	253	39:28
Lauf Total	5.00	37:41	7:32	47	19:32	262	21:37	25.50	1:36:51	3:47	45	29:08	253	39:28