



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Prinz, Jan

Total time: 1:18:54

Number: 317

Course: 25.50 km

Rank in course/Total: 186 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 161 (of 269)

Best time in course: 57:23

Category:

Rank in category: 18(of 27)

männliche AK 4 (TM 35)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:14	18:27	4	1:33	38	2:15	0.50	9:14	18:27	28	1:33	269	2:15
Wechsel S -> R	-	2:39	-	14	1:09	123	1:23	0.50	11:53	23:45	28	1:58	268	3:38
Schwimmen Total	0.50	11:53	23:45	28	1:58	268	3:38	0.50	11:53	23:45	28	1:58	268	3:38
Kontrolle Rad	6.00	11:32	1:55	12	2:18	120	2:18	6.50	23:25	3:36	28	4:11	268	4:42
Kontrolle Rad	8.00	13:48	1:43	9	1:27	84	2:01	14.50	37:13	2:34	28	5:38	267	5:38
Rad Ziel	6.00	12:52	2:08	26	3:37	256	4:19	20.50	50:05	2:26	28	9:15	268	9:26
Rad Net	20.00	38:12	1:54	1	28:57	1	29:39	20.50	50:05	2:26	28	9:15	268	9:26
Wechsel R -> L	-	1:04	-	14	0:22	120	0:32	20.50	51:09	2:29	28	9:09	268	9:50
Rad Total	20.00	39:16	1:57	18	7:16	175	8:51	20.50	51:09	2:29	28	9:09	268	9:50
Kontrolle Lauf	2.40	13:11	5:29	24	4:00	197	5:21	22.90	1:04:20	2:48	27	7:44	265	15:11
Lauf Ziel	2.60	14:34	5:36	24	5:05	214	6:20	25.50	1:18:54	3:05	18	19:44	161	21:31
Lauf Total	5.00	27:45	5:32	25	10:35	207	11:41	25.50	1:18:54	3:05	18	19:44	161	21:31