



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Hölder, Marcus

Total time: 59:10

Club: Tri-Treff Storz

Number: 378

Course: 25.50 km

Rank in course/Total: 2 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 2 (of 269)

Best time in course: 57:23

Category:

Rank in category: 1(of 27)

männliche AK 4 (TM 35)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:30	17:00	2	0:49	11	1:31	0.50	8:30	17:00	28	0:49	269	1:31
Wechsel S -> R	-	1:30	-	1	-	5	0:14	0.50	10:00	20:00	28	0:05	268	1:45
Schwimmen Total	0.50	10:00	20:00	28	0:05	268	1:45	0.50	10:00	20:00	28	0:05	268	1:45
Kontrolle Rad	6.00	9:14	1:32	1	-	1	-	6.50	19:14	2:57	1	-	268	0:31
Kontrolle Rad	8.00	12:21	1:32	1	-	5	0:34	14.50	31:35	2:10	1	-	1	-
Rad Ziel	6.00	9:15	1:32	1	-	7	0:42	20.50	40:50	1:59	1	-	268	0:11
Rad Net	20.00	30:50	1:32	1	21:35	1	22:17	20.50	40:50	1:59	1	-	268	0:11
Wechsel R -> L	-	1:10	-	18	0:28	152	0:38	20.50	42:00	2:02	1	-	268	0:41
Rad Total	20.00	32:00	1:36	1	-	4	1:35	20.50	42:00	2:02	1	-	268	0:41
Kontrolle Lauf	2.40	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Lauf Ziel	2.60	17:10	6:36	27	7:41	254	8:56	25.50	59:10	2:19	1	-	2	1:47
Lauf Total	5.00	17:10	3:26	1	-	2	1:06	25.50	59:10	2:19	1	-	2	1:47