



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Puppe, Julian

Total time: 1:02:04

Number: 371

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 7 (of 353)

Rank in course/Men: 7 (of 269)

Best time in course: 57:23

Category:

männliche AK 3 (TM 30)

Rank in category: 2(of 18)

Best time in the category: 1:01:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:34	17:07	2	0:32	17	1:35	0.50	8:34	17:07	19	0:32	269	1:35
Wechsel S -> R	-	1:45	-	4	0:10	16	0:29	0.50	10:19	20:37	19	0:35	268	2:04
Schwimmen Total	0.50	10:19	20:37	19	0:35	268	2:04	0.50	10:19	20:37	19	0:35	268	2:04
Kontrolle Rad	6.00	10:24	1:44	3	1:07	16	1:10	6.50	20:43	3:11	19	1:09	268	2:00
Kontrolle Rad	8.00	13:00	1:37	4	1:13	20	1:13	14.50	33:43	2:19	19	1:57	12	2:08
Rad Ziel	6.00	9:26	1:34	4	0:53	14	0:53	20.50	43:09	2:06	19	2:21	268	2:30
Rad Net	20.00	32:50	1:38	1	24:17	1	24:17	20.50	43:09	2:06	19	2:21	268	2:30
Wechsel R -> L	-	1:04	-	12	0:26	120	0:32	20.50	44:13	2:09	19	2:45	268	2:54
Rad Total	20.00	33:54	1:41	4	3:29	17	3:29	20.50	44:13	2:09	19	2:45	268	2:54
Kontrolle Lauf	2.40	8:59	3:44	2	0:20	6	1:09	22.90	53:12	2:19	19	2:02	265	4:03
Lauf Ziel	2.60	8:52	3:24	1	-	3	0:38	25.50	1:02:04	2:26	2	0:38	7	4:41
Lauf Total	5.00	17:51	3:34	2	0:17	6	1:47	25.50	1:02:04	2:26	2	0:38	7	4:41