



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Münch, Sascha

Total time: 1:23:52

Club: Babbas goes Triathlon

Number: 275

Course: 25.50 km

Rank in course/Total: 246 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 205 (of 269)

Best time in course: 57:23

Category:

Rank in category: 48(of 55)

Senioren 2 (TM 45)

Best time in the category: 1:03:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:08	26:15	48	4:37	221	6:09	0.50	13:08	26:15	56	4:37	269	6:09
Wechsel S -> R	-	2:46	-	31	1:09	141	1:30	0.50	15:54	31:48	56	5:18	268	7:39
Schwimmen Total	0.50	15:54	31:48	56	5:18	268	7:39	0.50	15:54	31:48	56	5:18	268	7:39
Kontrolle Rad	6.00	12:16	2:02	43	2:17	186	3:02	6.50	28:10	4:20	56	7:05	268	9:27
Kontrolle Rad	8.00	15:23	1:55	45	2:56	196	3:36	14.50	43:33	3:00	56	10:00	267	11:58
Rad Ziel	6.00	11:27	1:54	48	2:12	208	2:54	20.50	55:00	2:40	56	12:10	268	14:21
Rad Net	20.00	39:06	1:57	1	29:51	1	30:33	20.50	55:00	2:40	56	12:10	268	14:21
Wechsel R -> L	-	0:59	-	23	0:27	100	0:27	20.50	55:59	2:43	56	12:28	268	14:40
Rad Total	20.00	40:05	2:00	46	7:34	193	9:40	20.50	55:59	2:43	56	12:28	268	14:40
Kontrolle Lauf	2.40	13:24	5:35	47	4:06	201	5:34	22.90	1:09:23	3:01	56	16:02	265	20:14
Lauf Ziel	2.60	14:29	5:34	49	4:43	210	6:15	25.50	1:23:52	3:17	48	20:40	205	26:29
Lauf Total	5.00	27:53	5:34	47	8:47	208	11:49	25.50	1:23:52	3:17	48	20:40	205	26:29