



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Hellwig, Boris

Club: BSG Merck

Number: 365

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

männliche AK 4 (TM 35)

Total time: 1:06:15

Rank in course/Total: 21 (of 353)

Rank in course/Men: 21 (of 269)

Best time in course: 57:23

Rank in category: 2(of 27)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:16	20:32	11	2:35	89	3:17	0.50	10:16	20:32	28	2:35	269	3:17
Wechsel S -> R	-	1:48	-	3	0:18	21	0:32	0.50	12:04	24:07	28	2:09	268	3:49
Schwimmen Total	0.50	12:04	24:07	28	2:09	268	3:49	0.50	12:04	24:07	28	2:09	268	3:49
Kontrolle Rad	6.00	11:25	1:54	10	2:11	102	2:11	6.50	23:29	3:36	9	4:15	268	4:46
Kontrolle Rad	8.00	13:25	1:40	5	1:04	47	1:38	14.50	36:54	2:32	6	5:19	60	5:19
Rad Ziel	6.00	9:34	1:35	5	0:19	24	1:01	20.50	46:28	2:15	6	5:38	268	5:49
Rad Net	20.00	34:24	1:43	1	25:09	1	25:51	20.50	46:28	2:15	6	5:38	268	5:49
Wechsel R -> L	-	1:07	-	17	0:25	139	0:35	20.50	47:35	2:19	6	5:35	268	6:16
Rad Total	20.00	35:31	1:46	6	3:31	57	5:06	20.50	47:35	2:19	6	5:35	268	6:16
Kontrolle Lauf	2.40	9:11	3:49	1	-	11	1:21	22.90	56:46	2:28	2	0:10	265	7:37
Lauf Ziel	2.60	9:29	3:38	1	-	9	1:15	25.50	1:06:15	2:35	2	7:05	21	8:52
Lauf Total	5.00	18:40	3:44	2	1:30	10	2:36	25.50	1:06:15	2:35	2	7:05	21	8:52