



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Reddies, Steffen

Total time: 1:08:40

Number: 352

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 40 (of 353)

Rank in course/Men: 38 (of 269)

Best time in course: 57:23

Category:

männliche AK 4 (TM 35)

Rank in category: 5(of 27)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:38	19:15	7	1:57	54	2:39	0.50	9:38	19:15	28	1:57	269	2:39
Wechsel S -> R	-	1:44	-	2	0:14	15	0:28	0.50	11:22	22:44	28	1:27	268	3:07
Schwimmen Total	0.50	11:22	22:44	28	1:27	268	3:07	0.50	11:22	22:44	28	1:27	268	3:07
Kontrolle Rad	6.00	10:58	1:49	4	1:44	51	1:44	6.50	22:20	3:26	3	3:06	268	3:37
Kontrolle Rad	8.00	13:23	1:40	4	1:02	43	1:36	14.50	35:43	2:27	4	4:08	33	4:08
Rad Ziel	6.00	9:25	1:34	2	0:10	13	0:52	20.50	45:08	2:12	2	4:18	268	4:29
Rad Net	20.00	33:46	1:41	1	24:31	1	25:13	20.50	45:08	2:12	2	4:18	268	4:29
Wechsel R -> L	-	0:46	-	4	0:04	37	0:14	20.50	45:54	2:14	2	3:54	268	4:35
Rad Total	20.00	34:32	1:43	3	2:32	29	4:07	20.50	45:54	2:14	2	3:54	268	4:35
Kontrolle Lauf	2.40	11:03	4:36	12	1:52	77	3:13	22.90	56:57	2:29	3	0:21	265	7:48
Lauf Ziel	2.60	11:43	4:30	13	2:14	79	3:29	25.50	1:08:40	2:41	5	9:30	38	11:17
Lauf Total	5.00	22:46	4:33	13	5:36	77	6:42	25.50	1:08:40	2:41	5	9:30	38	11:17