



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Dietrich, Alexander

Total time: 1:18:25

Club: DLRG Lorsch e.V.

Number: 7

Course: 25.50 km

Rank in course/Total: 176 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 153 (of 269)

Best time in course: 57:23

Category:

Rank in category: 28(of 48)

Senioren 3 (TM 50)

Best time in the category: 1:07:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:08	18:15	7	0:38	33	2:09	0.50	9:08	18:15	7	0:38	269	2:09
Wechsel S -> R	-	2:58	-	32	1:17	167	1:42	0.50	12:06	24:11	49	1:34	268	3:51
Schwimmen Total	0.50	12:06	24:11	49	1:34	268	3:51	0.50	12:06	24:11	49	1:34	268	3:51
Kontrolle Rad	6.00	11:40	1:56	23	1:02	136	2:26	6.50	23:46	3:39	49	2:30	268	5:03
Kontrolle Rad	8.00	14:42	1:50	29	1:33	159	2:55	14.50	38:28	2:39	49	3:53	267	6:53
Rad Ziel	6.00	11:06	1:50	35	1:32	178	2:33	20.50	49:34	2:25	49	4:58	268	8:55
Rad Net	20.00	37:28	1:52	1	27:54	1	28:55	20.50	49:34	2:25	49	4:58	268	8:55
Wechsel R -> L	-	1:37	-	39	1:03	231	1:05	20.50	51:11	2:29	49	5:49	268	9:52
Rad Total	20.00	39:05	1:57	33	4:43	170	8:40	20.50	51:11	2:29	49	5:49	268	9:52
Kontrolle Lauf	2.40	13:07	5:27	35	4:13	193	5:17	22.90	1:04:18	2:48	48	8:00	265	15:09
Lauf Ziel	2.60	14:07	5:25	36	4:52	199	5:53	25.50	1:18:25	3:04	28	10:42	153	21:02
Lauf Total	5.00	27:14	5:26	35	9:05	198	11:10	25.50	1:18:25	3:04	28	10:42	153	21:02