



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Stegmann, Danny

Total time: 1:09:10

Number: 339

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 49 (of 353)

Rank in course/Men: 47 (of 269)

Best time in course: 57:23

Category:

Senioren 1 (TM 40)

Rank in category: 4(of 25)

Best time in the category: 1:03:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:44	19:27	3	1:51	58	2:45	0.50	9:44	19:27	26	1:51	59	2:45
Wechsel S -> R	-	2:19	-	8	0:53	74	1:03	0.50	12:03	24:06	26	2:25	268	3:48
Schwimmen Total	0.50	12:03	24:06	26	2:25	268	3:48	0.50	12:03	24:06	26	2:25	268	3:48
Kontrolle Rad	6.00	10:51	1:48	3	0:27	42	1:37	6.50	22:54	3:31	26	2:52	268	4:11
Kontrolle Rad	8.00	13:13	1:39	2	0:18	28	1:26	14.50	36:07	2:29	26	3:10	44	4:32
Rad Ziel	6.00	9:51	1:38	4	0:21	45	1:18	20.50	45:58	2:14	26	3:31	268	5:19
Rad Net	20.00	33:55	1:41	1	24:25	1	25:22	20.50	45:58	2:14	26	3:31	268	5:19
Wechsel R -> L	-	1:09	-	10	0:32	149	0:37	20.50	47:07	2:17	26	3:30	268	5:48
Rad Total	20.00	35:04	1:45	3	1:05	39	4:39	20.50	47:07	2:17	26	3:30	268	5:48
Kontrolle Lauf	2.40	10:48	4:30	6	1:57	61	2:58	22.90	57:55	2:31	25	4:51	265	8:46
Lauf Ziel	2.60	11:15	4:19	4	1:47	57	3:01	25.50	1:09:10	2:42	4	6:03	47	11:47
Lauf Total	5.00	22:03	4:24	5	3:44	61	5:59	25.50	1:09:10	2:42	4	6:03	47	11:47