



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Blesing, Ulrike

Total time: 1:30:37

Club: Heppenheimer Skiclub

Number: 299

Course: 25.50 km

Rank in course/Total: 307 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 68 (of 84)

Best time in course: 1:08:36

Category:

Rank in category: 13(of 17)

Seniorinnen 1 (TW 40)

Best time in the category: 1:10:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:05	26:10	13	3:27	65	3:53	0.50	13:05	26:10	18	3:27	85	3:53
Wechsel S -> R	-	2:57	-	11	0:49	45	1:18	0.50	16:02	32:04	18	4:15	85	4:54
Schwimmen Total	0.50	16:02	32:04	18	4:15	85	4:54	0.50	16:02	32:04	18	4:15	85	4:54
Kontrolle Rad	6.00	14:20	2:23	14	3:26	71	3:31	6.50	30:22	4:40	18	7:21	85	8:25
Kontrolle Rad	8.00	17:52	2:14	15	4:20	72	4:20	14.50	48:14	3:19	18	11:41	84	12:44
Rad Ziel	6.00	13:37	2:16	16	3:32	74	3:32	20.50	1:01:51	3:01	18	15:13	71	16:13
Rad Net	20.00	45:49	2:17	1	35:44	1	35:44	20.50	1:01:51	3:01	18	15:13	71	16:13
Wechsel R -> L	-	0:48	-	2	0:07	9	0:13	20.50	1:02:39	3:03	18	15:13	85	16:12
Rad Total	20.00	46:37	2:19	15	11:18	73	11:18	20.50	1:02:39	3:03	18	15:13	85	16:12
Kontrolle Lauf	2.40	13:17	5:32	8	2:07	42	3:22	22.90	1:15:56	3:18	18	17:20	85	18:39
Lauf Ziel	2.60	14:41	5:38	11	3:14	57	4:06	25.50	1:30:37	3:33	13	20:34	68	22:01
Lauf Total	5.00	27:58	5:35	9	5:21	47	7:16	25.50	1:30:37	3:33	13	20:34	68	22:01