



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Paulus, Matthias

Total time: 1:11:40

Number: 372

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 74 (of 353)

Rank in course/Men: 71 (of 269)

Best time in course: 57:23

Category:

männliche AK 2 (TM 25)

Rank in category: 5(of 15)

Best time in the category: 1:01:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:30	17:00	1	-	11	1:31	0.50	8:30	17:00	1	-	269	1:31
Wechsel S -> R	-	2:33	-	7	0:48	110	1:17	0.50	11:03	22:06	3	0:33	268	2:48
Schwimmen Total	0.50	11:03	22:06	3	0:33	268	2:48	0.50	11:03	22:06	3	0:33	268	2:48
Kontrolle Rad	6.00	11:25	1:54	5	1:55	102	2:11	6.50	22:28	3:27	4	2:28	268	3:45
Kontrolle Rad	8.00	14:15	1:46	8	1:48	133	2:28	14.50	36:43	2:31	16	3:00	55	5:08
Rad Ziel	6.00	10:03	1:40	5	1:05	68	1:30	20.50	46:46	2:16	16	4:05	268	6:07
Rad Net	20.00	35:43	1:47	1	26:45	1	27:10	20.50	46:46	2:16	16	4:05	268	6:07
Wechsel R -> L	-	1:11	-	11	0:29	157	0:39	20.50	47:57	2:20	16	4:30	268	6:38
Rad Total	20.00	36:54	1:50	5	4:46	106	6:29	20.50	47:57	2:20	16	4:30	268	6:38
Kontrolle Lauf	2.40	11:29	4:47	7	2:29	106	3:39	22.90	59:26	2:35	16	6:56	265	10:17
Lauf Ziel	2.60	12:14	4:42	7	3:54	110	4:00	25.50	1:11:40	2:48	5	9:50	71	14:17
Lauf Total	5.00	23:43	4:44	8	6:23	110	7:39	25.50	1:11:40	2:48	5	9:50	71	14:17