



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Barleben, Benjamin

Total time: 1:12:23

Number: 362

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 80 (of 353)

Rank in course/Men: 76 (of 269)

Best time in course: 57:23

Category:

Senioren 1 (TM 40)

Rank in category: 6(of 25)

Best time in the category: 1:03:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:31	21:02	8	2:38	105	3:32	0.50	10:31	21:02	26	2:38	269	3:32
Wechsel S -> R	-	2:22	-	9	0:56	78	1:06	0.50	12:53	25:45	26	3:15	268	4:38
Schwimmen Total	0.50	12:53	25:45	26	3:15	268	4:38	0.50	12:53	25:45	26	3:15	268	4:38
Kontrolle Rad	6.00	11:18	1:53	6	0:54	85	2:04	6.50	24:11	3:43	26	4:09	268	5:28
Kontrolle Rad	8.00	13:51	1:43	6	0:56	87	2:04	14.50	38:02	2:37	26	5:05	89	6:27
Rad Ziel	6.00	10:06	1:41	7	0:36	74	1:33	20.50	48:08	2:20	26	5:41	268	7:29
Rad Net	20.00	35:15	1:45	1	25:45	1	26:42	20.50	48:08	2:20	26	5:41	268	7:29
Wechsel R -> L	-	0:59	-	8	0:22	100	0:27	20.50	49:07	2:23	26	5:30	268	7:48
Rad Total	20.00	36:14	1:48	6	2:15	82	5:49	20.50	49:07	2:23	26	5:30	268	7:48
Kontrolle Lauf	2.40	11:07	4:37	8	2:16	84	3:17	22.90	1:00:14	2:37	25	7:10	265	11:05
Lauf Ziel	2.60	12:09	4:40	10	2:41	104	3:55	25.50	1:12:23	2:50	6	9:16	76	15:00
Lauf Total	5.00	23:16	4:39	10	4:57	96	7:12	25.50	1:12:23	2:50	6	9:16	76	15:00