



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Willems, Johan

Total time: 1:19:52

Number: 340

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 201 (of 353)

Rank in course/Men: 172 (of 269)

Best time in course: 57:23

Category:

Senioren 4 (TM 55)

Rank in category: 21(of 34)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:56	23:52	25	3:49	182	4:57	0.50	11:56	23:52	34	3:49	269	4:57
Wechsel S -> R	-	3:30	-	24	1:54	220	2:14	0.50	15:26	30:52	27	5:33	199	7:11
Schwimmen Total	0.50	15:26	30:52	27	5:33	199	7:11	0.50	15:26	30:52	27	5:33	199	7:11
Kontrolle Rad	6.00	12:14	2:02	22	2:02	183	3:00	6.50	27:40	4:15	25	7:29	268	8:57
Kontrolle Rad	8.00	15:19	1:54	22	3:00	192	3:32	14.50	42:59	2:57	34	10:11	196	11:24
Rad Ziel	6.00	11:07	1:51	22	2:06	183	2:34	20.50	54:06	2:38	34	12:17	268	13:27
Rad Net	20.00	38:40	1:55	1	29:39	1	30:07	20.50	54:06	2:38	34	12:17	268	13:27
Wechsel R -> L	-	1:37	-	26	0:59	231	1:05	20.50	55:43	2:43	34	13:12	268	14:24
Rad Total	20.00	40:17	2:00	23	8:03	197	9:52	20.50	55:43	2:43	34	13:12	268	14:24
Kontrolle Lauf	2.40	11:43	4:52	15	2:55	117	3:53	22.90	1:07:26	2:56	34	16:07	265	18:17
Lauf Ziel	2.60	12:26	4:46	13	3:23	121	4:12	25.50	1:19:52	3:07	21	19:30	172	22:29
Lauf Total	5.00	24:09	4:49	13	6:18	122	8:05	25.50	1:19:52	3:07	21	19:30	172	22:29