



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Foitzik, Timo

Total time: 1:24:18

Club: LCI Speyer

Number: 353

Course: 25.50 km

Rank in course/Total: 248 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 207 (of 269)

Best time in course: 57:23

Category:

Rank in category: 10(of 15)

männliche AK 2 (TM 25)

Best time in the category: 1:01:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:11	20:22	9	1:41	85	3:12	0.50	10:11	20:22	9	1:41	269	3:12
Wechsel S -> R	-	3:36	-	12	1:51	228	2:20	0.50	13:47	27:33	10	3:17	268	5:32
Schwimmen Total	0.50	13:47	27:33	10	3:17	268	5:32	0.50	13:47	27:33	10	3:17	268	5:32
Kontrolle Rad	6.00	13:58	2:19	14	4:28	252	4:44	6.50	27:45	4:16	11	7:45	268	9:02
Kontrolle Rad	8.00	17:13	2:09	14	4:46	252	5:26	14.50	44:58	3:06	16	11:15	214	13:23
Rad Ziel	6.00	12:18	2:03	14	3:20	243	3:45	20.50	57:16	2:47	16	14:35	268	16:37
Rad Net	20.00	43:29	2:10	1	34:31	1	34:56	20.50	57:16	2:47	16	14:35	268	16:37
Wechsel R -> L	-	0:48	-	4	0:06	48	0:16	20.50	58:04	2:49	16	14:37	268	16:45
Rad Total	20.00	44:17	2:12	14	12:09	244	13:52	20.50	58:04	2:49	16	14:37	268	16:45
Kontrolle Lauf	2.40	12:52	5:21	11	3:52	184	5:02	22.90	1:10:56	3:05	16	18:26	265	21:47
Lauf Ziel	2.60	13:22	5:08	11	5:02	171	5:08	25.50	1:24:18	3:18	10	22:28	207	26:55
Lauf Total	5.00	26:14	5:14	11	8:54	179	10:10	25.50	1:24:18	3:18	10	22:28	207	26:55