



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Karb, Karl Heinz

Total time: 1:19:48

Club: Schwimmclub Poseidon Worms

Number: 39

Course: 25.50 km

Rank in course/Total: 199 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 171 (of 269)

Best time in course: 57:23

Category:

Rank in category: 2(of 5)

Senioren 7 (TM 70)

Best time in the category: 1:18:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:50	25:40	1	-	213	5:51	0.50	12:50	25:40	1	-	269	5:51
Wechsel S -> R	-	3:07	-	2	0:28	186	1:51	0.50	15:57	31:53	1	-	268	7:42
Schwimmen Total	0.50	15:57	31:53	1	-	268	7:42	0.50	15:57	31:53	1	-	268	7:42
Kontrolle Rad	6.00	11:28	1:54	2	0:20	110	2:14	6.50	27:25	4:13	6	0:05	268	8:42
Kontrolle Rad	8.00	14:04	1:45	1	-	112	2:17	14.50	41:29	2:51	1	-	267	9:54
Rad Ziel	6.00	10:26	1:44	2	0:02	121	1:53	20.50	51:55	2:31	1	-	268	11:16
Rad Net	20.00	35:58	1:47	1	25:34	1	27:25	20.50	51:55	2:31	1	-	268	11:16
Wechsel R -> L	-	0:50	-	1	-	61	0:18	20.50	52:45	2:34	1	-	268	11:26
Rad Total	20.00	36:48	1:50	1	-	102	6:23	20.50	52:45	2:34	1	-	268	11:26
Kontrolle Lauf	2.40	13:10	5:29	2	0:52	195	5:20	22.90	1:05:55	2:52	6	0:06	265	16:46
Lauf Ziel	2.60	13:53	5:20	2	1:17	190	5:39	25.50	1:19:48	3:07	2	1:23	171	22:25
Lauf Total	5.00	27:03	5:24	2	2:09	195	10:59	25.50	1:19:48	3:07	2	1:23	171	22:25