



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Anthes, Thomas

Total time: 1:29:56

Number: 369

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 296 (of 353)

Rank in course/Men: 232 (of 269)

Best time in course: 57:23

Category:

männliche AK 4 (TM 35)

Rank in category: 26(of 27)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:50	27:40	27	6:09	236	6:51	0.50	13:50	27:40	28	6:09	269	6:51
Wechsel S -> R	-	5:05	-	27	3:35	263	3:49	0.50	18:55	37:50	28	9:00	268	10:40
Schwimmen Total	0.50	18:55	37:50	28	9:00	268	10:40	0.50	18:55	37:50	28	9:00	268	10:40
Kontrolle Rad	6.00	14:28	2:24	27	5:14	260	5:14	6.50	33:23	5:08	27	14:09	268	14:40
Kontrolle Rad	8.00	17:23	2:10	26	5:02	254	5:36	14.50	50:46	3:30	27	19:11	257	19:11
Rad Ziel	6.00	12:05	2:00	24	2:50	233	3:32	20.50	1:02:51	3:03	27	22:01	268	22:12
Rad Net	20.00	43:56	2:11	1	34:41	1	35:23	20.50	1:02:51	3:03	27	22:01	268	22:12
Wechsel R -> L	-	1:04	-	14	0:22	120	0:32	20.50	1:03:55	3:07	27	21:55	268	22:36
Rad Total	20.00	45:00	2:15	26	13:00	250	14:35	20.50	1:03:55	3:07	27	21:55	268	22:36
Kontrolle Lauf	2.40	12:20	5:08	18	3:09	153	4:30	22.90	1:16:15	3:19	26	19:39	265	27:06
Lauf Ziel	2.60	13:41	5:15	21	4:12	184	5:27	25.50	1:29:56	3:31	26	30:46	232	32:33
Lauf Total	5.00	26:01	5:12	20	8:51	174	9:57	25.50	1:29:56	3:31	26	30:46	232	32:33