



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Schweim, Indra

Total time: 1:31:35

Number: 328

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 313 (of 353)

Rank in course/Women: 70 (of 84)

Best time in course: 1:08:36

Category:

Rank in category: 14(of 17)

Seniorinnen 1 (TW 40)

Best time in the category: 1:10:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	14:40	29:19	15	5:02	77	5:28	0.50	14:40	29:19	18	5:02	85	5:28
Wechsel S -> R	-	3:26	-	13	1:18	64	1:47	0.50	18:06	36:12	18	6:19	85	6:58
Schwimmen Total	0.50	18:06	36:12	18	6:19	85	6:58	0.50	18:06	36:12	18	6:19	85	6:58
Kontrolle Rad	6.00	14:36	2:25	17	3:42	75	3:47	6.50	32:42	5:01	18	9:41	77	10:45
Kontrolle Rad	8.00	17:46	2:13	14	4:14	71	4:14	14.50	50:28	3:28	18	13:55	84	14:58
Rad Ziel	6.00	12:27	2:04	12	2:22	60	2:22	20.50	1:02:55	3:04	18	16:17	85	17:17
Rad Net	20.00	44:49	2:14	1	34:44	1	34:44	20.50	1:02:55	3:04	18	16:17	85	17:17
Wechsel R -> L	-	1:20	-	14	0:39	66	0:45	20.50	1:04:15	3:08	18	16:49	85	17:48
Rad Total	20.00	46:09	2:18	14	10:50	71	10:50	20.50	1:04:15	3:08	18	16:49	85	17:48
Kontrolle Lauf	2.40	13:05	5:27	7	1:55	40	3:10	22.90	1:17:20	3:22	18	18:44	85	20:03
Lauf Ziel	2.60	14:15	5:28	8	2:48	46	3:40	25.50	1:31:35	3:35	14	21:32	70	22:59
Lauf Total	5.00	27:20	5:28	7	4:43	40	6:38	25.50	1:31:35	3:35	14	21:32	70	22:59