



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Jakob, Dr. Dietmar

Total time: 1:12:53

Number: 418

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 92 (of 353)

Rank in course/Men: 87 (of 269)

Best time in course: 57:23

Category:

Senioren 2 (TM 45)

Rank in category: 19(of 55)

Best time in the category: 1:03:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:38	19:15	8	1:07	54	2:39	0.50	9:38	19:15	56	1:07	269	2:39
Wechsel S -> R	-	2:56	-	35	1:19	162	1:40	0.50	12:34	25:07	56	1:58	268	4:19
Schwimmen Total	0.50	12:34	25:07	56	1:58	268	4:19	0.50	12:34	25:07	56	1:58	268	4:19
Kontrolle Rad	6.00	11:28	1:54	26	1:29	110	2:14	6.50	24:02	3:41	56	2:57	268	5:19
Kontrolle Rad	8.00	14:03	1:45	26	1:36	109	2:16	14.50	38:05	2:37	56	4:32	267	6:30
Rad Ziel	6.00	10:31	1:45	32	1:16	133	1:58	20.50	48:36	2:22	56	5:46	268	7:57
Rad Net	20.00	36:02	1:48	1	26:47	1	27:29	20.50	48:36	2:22	56	5:46	268	7:57
Wechsel R -> L	-	1:27	-	47	0:55	209	0:55	20.50	50:03	2:26	56	6:32	268	8:44
Rad Total	20.00	37:29	1:52	30	4:58	128	7:04	20.50	50:03	2:26	56	6:32	268	8:44
Kontrolle Lauf	2.40	11:02	4:35	16	1:44	76	3:12	22.90	1:01:05	2:40	56	7:44	265	11:56
Lauf Ziel	2.60	11:48	4:32	20	2:02	89	3:34	25.50	1:12:53	2:51	19	9:41	87	15:30
Lauf Total	5.00	22:50	4:33	19	3:44	81	6:46	25.50	1:12:53	2:51	19	9:41	87	15:30