



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Schäfer, Nori

Total time: 1:19:18

Number: 427

Course: 25.50 km

Rank in course/Total: 195 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 28 (of 84)

Best time in course: 1:08:36

Category:

Rank in category: 6(of 17)

Seniorinnen 3 (TW 50)

Best time in the category: 1:12:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	9:54	19:48	2	0:42	10	0:42	0.50	9:54	19:48	18	0:42	85	0:42
Wechsel S -> R	-	2:44	-	8	0:43	34	1:05	0.50	12:38	25:15	18	1:20	85	1:30
Schwimmen Total	0.50	12:38	25:15	18	1:20	85	1:30	0.50	12:38	25:15	18	1:20	85	1:30
Kontrolle Rad	6.00	12:11	2:01	4	0:53	20	1:22	6.50	24:49	3:49	18	1:08	85	2:52
Kontrolle Rad	8.00	15:09	1:53	5	1:17	25	1:37	14.50	39:58	2:45	17	1:53	84	4:28
Rad Ziel	6.00	10:52	1:48	4	0:35	15	0:47	20.50	50:50	2:28	18	2:25	85	5:12
Rad Net	20.00	38:12	1:54	1	27:55	1	28:07	20.50	50:50	2:28	18	2:25	85	5:12
Wechsel R -> L	-	1:32	-	14	0:39	77	0:57	20.50	52:22	2:33	18	3:01	85	5:55
Rad Total	20.00	39:44	1:59	6	3:18	28	4:25	20.50	52:22	2:33	18	3:01	85	5:55
Kontrolle Lauf	2.40	12:55	5:22	7	2:16	36	3:00	22.90	1:05:17	2:51	18	3:57	85	8:00
Lauf Ziel	2.60	14:01	5:23	9	2:37	40	3:26	25.50	1:19:18	3:06	6	6:34	28	10:42
Lauf Total	5.00	26:56	5:23	9	4:53	38	6:14	25.50	1:19:18	3:06	6	6:34	28	10:42