



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Knigge, Ulli

Total time: 1:34:08

Number: 428

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 320 (of 353)

Rank in course/Men: 249 (of 269)

Best time in course: 57:23

Category:

Senioren 4 (TM 55)

Rank in category: 31(of 34)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:53	19:45	8	1:46	69	2:54	0.50	9:53	19:45	34	1:46	269	2:54
Wechsel S -> R	-	3:30	-	24	1:54	220	2:14	0.50	13:23	26:45	34	3:30	268	5:08
Schwimmen Total	0.50	13:23	26:45	34	3:30	268	5:08	0.50	13:23	26:45	34	3:30	268	5:08
Kontrolle Rad	6.00	13:35	2:15	29	3:23	237	4:21	6.50	26:58	4:08	34	6:47	268	8:15
Kontrolle Rad	8.00	16:54	2:06	30	4:35	241	5:07	14.50	43:52	3:01	34	11:04	267	12:17
Rad Ziel	6.00	12:47	2:07	31	3:46	254	4:14	20.50	56:39	2:45	34	14:50	268	16:00
Rad Net	20.00	43:16	2:09	1	34:15	1	34:43	20.50	56:39	2:45	34	14:50	268	16:00
Wechsel R -> L	-	1:43	-	27	1:05	245	1:11	20.50	58:22	2:50	34	15:51	268	17:03
Rad Total	20.00	44:59	2:14	30	12:45	249	14:34	20.50	58:22	2:50	34	15:51	268	17:03
Kontrolle Lauf	2.40	16:53	7:02	32	8:05	255	9:03	22.90	1:15:15	3:17	34	23:56	265	26:06
Lauf Ziel	2.60	18:53	7:15	32	9:50	261	10:39	25.50	1:34:08	3:41	31	33:46	249	36:45
Lauf Total	5.00	35:46	7:09	32	17:55	258	19:42	25.50	1:34:08	3:41	31	33:46	249	36:45